



Master Nutrition & Allergen Information

Table with columns: Item, Cal, Fat Cal, Fat, Sat, Tfat, Chol, Sod, Carb, Fib, Sug, Prot, Egg, Fish, Milk, Pnut, Shell, Soy, Tree, Wheat, MSG. Rows include Appetizers like Dynamite Shrimp and Entrées like Philly Cheesesteak.

Range Required

WINGS

Table with columns: Item, Cal, Fat Cal, Fat, Sat, Tfat, Chol, Sod, Carb, Fib, Sug, Prot, Egg, Fish, Milk, Pnut, Shell, Soy, Tree, Wheat, MSG. Rows include Wings Traditional Stout, Wings Traditional Dragon, Wings Traditional Garlic Parm, etc.

Range: Traditional wings - WITHOUT dressing

Table with columns: Item, Cal, Fat Cal, Fat, Sat, Tfat, Chol, Sod, Carb, Fib, Sug, Prot, Egg, Fish, Milk, Pnut, Shell, Soy, Tree, Wheat, MSG. Rows include Boneless Wings, Wings Boneless Stout, Wings Boneless Dragon, etc.

Range: Boneless wings - WITHOUT dressing

BUCKET OF BONES

Table with columns: Item, Cal, Fat Cal, Fat, Sat, Tfat, Chol, Sod, Carb, Fib, Sug, Prot, Egg, Fish, Milk, Pnut, Shell, Soy, Tree, Wheat, MSG. Rows include Roulette Platter (Single Option), Wings - Roulette Boneless Wings BBQ, etc.

Range: Wings - Roulette Complete

Side Ranch Dressing

Side Bleu Cheese Dressing

APPETIZERS

Table with columns: Item, Cal, Fat Cal, Fat, Sat, Tfat, Chol, Sod, Carb, Fib, Sug, Prot, Egg, Fish, Milk, Pnut, Shell, Soy, Tree, Wheat, MSG. Rows include Spinach & Artichoke Dip, Mozzarella Sticks with Marinara, Green Bean Fries, etc.

BEYOND MEAT APPETIZERS

Table with columns: Item, Cal, Fat Cal, Fat, Sat, Tfat, Chol, Sod, Carb, Fib, Sug, Prot, Egg, Fish, Milk, Pnut, Shell, Soy, Tree, Wheat, MSG. Rows include Beyond Chili Loaded Potato Skin, Beyond Chili with Saltine Crackers, etc.

CLASSIC FRIDAYS COMBO - Each Option Listed Separately

Table with columns: Item, Cal, Fat Cal, Fat, Sat, Tfat, Chol, Sod, Carb, Fib, Sug, Prot, Egg, Fish, Milk, Pnut, Shell, Soy, Tree, Wheat, MSG. Rows include Frisday Combo Wings - Traditional Stout Glazed, Frisday Combo Wings - Traditional Dragon Glazed, etc.

LOADED BURERS

Table with columns: Item, Cal, Fat Cal, Fat, Sat, Tfat, Chol, Sod, Carb, Fib, Sug, Prot, Egg, Fish, Milk, Pnut, Shell, Soy, Tree, Wheat, MSG. Rows include Seasoned Fries, Side House Salad with Bread Stick without Dressing, etc.

BURGERS with Regular Bun

Table with columns: Item, Cal, Fat Cal, Fat, Sat, Tfat, Chol, Sod, Carb, Fib, Sug, Prot, Egg, Fish, Milk, Pnut, Shell, Soy, Tree, Wheat, MSG. Rows include burgers with various toppings.



Master Nutrition & Allergen Information

Table with columns for item name and nutritional values: Cal, Fat Cal, Fat, Sat, Tfat, Chol, Sod, Carb, Fib, Sug, Prot, Egg, Fish, Milk, Pnut, Shell, Soy, Tree, Wheat, MSG. Rows include items like Fridays Signature Whiskey Glazed Burger, Bacon Cheeseburger, Loaded Cheese Fry, and various salads and soups.



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Table with columns for item name, Cal, Fat Cal, Fat, Sat, Tfat, Chol, Sod, Carb, Fib, Sug, Prot, Egg, Fish, Milk, Pnut, Shell, Soy, Tree, Wheat, MSG. Rows include categories like COMBINE YOUR FAVORITES, SIDES, CHICKEN & SEAFOOD, and DESSERT DRINKS.



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Table with columns: Cal, Fat, Cal, Fat, Sat, Tfat, Chol, Sod, Carb, Fib, Sug, Prot, Egg, Fish, Milk, Pnut, Shell, Soy, Tree, Wheat, MSG. Rows include Kids Strawberry Lemonade Slush, Kids Apple Juice, Kids Orange Juice, Kids Milk 2%, Kids Milk 1%, Kids Chocolate Milk 1%, Kids Chocolate Milk 1% CA, Kids Lemonade, Kids Tea Unsweet, Kids Coke, Kids Diet Coke, Kids Sprite, Kids Dr Pepper, Kids Sundae, Kids Vanilla Ice Cream, Kids Chicken Platter with Lemon Butter Broccoli, Kids Hot Dog (McWaukeo 0603 Phoenix 0605).

GLUTEN FRIENDLY MENU APRIL 2020 MI as of 03.05.2020

NYC Sodium Icon Required

Range Required

GLUTEN FRIENDLY BURGERS

Table with columns: Cal, Fat, Cal, Fat, Sat, Tfat, Chol, Sod, Carb, Fib, Sug, Prot, Egg, Fish, Milk, Pnut, Shell, Soy, Tree, Wheat, MSG. Rows include GS - Udi's Bun - Bacon Cheeseburger without Side, GS - Green - Bacon Cheeseburger without Side, GS - Udi's Bun - Cheeseburger without Side, GS - Green - Cheeseburger without Side, GS - Udi's Bun - Spicy Reaper Burger without Side, GS - Green Style - Spicy Reaper Burger without Side, GS - Udi's Bun - Beyond Cheeseburger without Side, GS - Green Style - Beyond Cheeseburger without Side, GS - Udi's Bun - Beyond The Border Burger without Tostitos without Side, GS - Green Style - Beyond The Border Burger without Tostitos without Side.

Burger Topping - Add Avocado

Burger Topping - Add Cheese

GLUTEN FRIENDLY BURGER SUBSTITUTES

Beef Patty

Beyond Meat Patty

GLUTEN FRIENDLY SALADS AND SOUPS

Table with columns: Cal, Fat, Cal, Fat, Sat, Tfat, Chol, Sod, Carb, Fib, Sug, Prot, Egg, Fish, Milk, Pnut, Shell, Soy, Tree, Wheat, MSG. Rows include GS - Caesar Salad with Beyond Meat Patty without Croutons, GS - Caesar Salad with Chicken without Croutons, GS - Caesar Salad with Salmon without Croutons, GS - Caesar Salad with Steak 6 oz without Croutons, GS - Caesar Salad without Croutons without Breadsticks, GS - House Salad without Croutons, Breadsticks and Dressing, Million Dollar Cobb Salad With/DOUT Protein with Ranch, GS - Million Dollar Cobb Salad with Beyond Meat Patty and Ranch Dressing, GS - Million Dollar Cobb Salad with Grilled Chicken with Ranch, GS - Million Dollar Cobb Salad with Salmon and Ranch Dressing, GS - Million Dollar Cobb Salad with Steak 6 oz and Ranch Dressing, Soup - Creamy Tomato Basil (SOO).

GLUTEN FRIENDLY SALAD DRESSINGS

Table with columns: Cal, Fat, Cal, Fat, Sat, Tfat, Chol, Sod, Carb, Fib, Sug, Prot, Egg, Fish, Milk, Pnut, Shell, Soy, Tree, Wheat, MSG. Rows include Blue Cheese 1.25 fl, Caesar 1.25fl, Honey Mustard 1.25fl, Low Fat Balsamic Vinaigrette 1.25fl, Ranch 1.25fl.

GLUTEN FRIENDLY SIZZLE

Sizzling Chicken & Shrimp with Mashed Potatoes

Sizzling Chicken & Cheese with Mashed Potatoes

GLUTEN FRIENDLY THE GRILL

New York Strip (Parmesan Butter) with Mashed Potatoes & Lemon Butter Broccoli

Sirloin (6 oz) (Parmesan Butter) with Mashed Potatoes & Lemon Butter Broccoli

GS - Fridays Big Ribs - Apple Butter BBQ Ribs without Side - Full

GS - Fridays Big Ribs - Apple Butter BBQ (Half Rack) & Sirloin (6oz) (Parmesan Butter) with Mashed Potatoes & Lemon Butter Broccoli

GS - Fridays Big Ribs - Apple Butter BBQ (Half Rack) & Sirloin (6 oz) (Parmesan Butter) without Sides

Add Sautéed Shrimp

Simply Grilled Salmon with Lemon-Butter Broccoli & Jasmine Rice

Simply Grilled Salmon with Lemon-Butter Broccoli and Mashed Potatoes (SV)

Simply Grilled Salmon with Double Lemon-Buttered Broccoli

GLUTEN FRIENDLY SIDES

Side Coleslaw

Side Fruit Cup

Side Jasmine Rice

Side Mashed Potatoes

Side Seasonal Vegetables - Lemon-Butter Broccoli

Side Seasonal Vegetables - Green Beans

Side Seasonal Vegetables - Brussels Sprouts

Side Seasonal Vegetables - Asparagus

Side Seasonal Vegetables - Mixed Veg

RANGE - Side Seasonal Vegetables 70-120

GLUTEN FRIENDLY KIDS

GS - Kids Chicken Sandwich with GF Bun without Side and Drink

Kid - Chicken Platter with Lemon Butter Broccoli without Drink

Kids Side-Fruit Cup

Kids Dessert - Sundae

Kids Dessert Vanilla Ice Cream

BREAKFAST MENU

NYC Sodium Icon Required

BEVERAGES

BAR - Cafe Toledo

BAR - Hendrick's Cooler

BAR - House Bloody Mary

BAR - Irish Coffee

BAR - Michelada

BAR - Mimosa Orange

BAR - Mimosa Ruby Red Vanilla

BAR - Sangria Peach

BAR - Ultimate Long Island Iced Tea

CLASSICS

BKF - Breakfast Potato Skins

BKF - Breakfast Tacos with Bacon

BKF - Breakfast Tacos with Sausage

BKF - Egg BLT Sandwich

BKF - French Toast

BKF - Friday's Egg Breakfast - Fried with Potatoes and Multi-Grain Toast without Meat

BKF - Friday's Egg Breakfast - Scrambled with Potatoes and Multi-Grain Toast without Meat

RANGE - Friday's Egg Breakfast 810-860

BKF - Kids Egg Breakfast with Fried Egg, Potatoes without Meat

BKF - Kids Egg Breakfast with Scrambled Eggs, Potatoes without Meat?

RANGE - Kids Egg Breakfast 520-660

BKF - Kids French Toast

BKF - Oatmeal

Waffles

BKF - Chicken & Waffles HB (Fresh)

BKF - Chicken & Waffles HB (Premade)

BKF - Chicken & Waffles PB (Fresh)

BKF - Chicken & Waffles PB (Premade)

BKF - Strawberry Waffle (Fresh)

BKF - Strawberry Waffle (Premade)

OMILETS

BKF - Omelet Bacon Cheddar with Potatoes and Multi-Grain Toast



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Table with columns: Item, Cal, Fat Cal, Fat, Sat, Tfat, Chol, Sod, Carb, Fib, Sug, Prot, Egg, Fish, Milk, Pnut, Shell, Soy, Tree, Wheat, MSG. Rows include BKF - Omelet Spinach Florentine with Potatoes and Multi-Grain Toast, BKF - Steak 6 oz & Eggs Fried with Potatoes and Multi-Grain Toast without Meat Choice, BKF - Steak 6 oz & Eggs Scrambled with Potatoes and Multi-Grain Toast without Meat Choice.

Table with columns: Item, Cal, Fat Cal, Fat, Sat, Tfat, Chol, Sod, Carb, Fib, Sug, Prot, Egg, Fish, Milk, Pnut, Shell, Soy, Tree, Wheat, MSG. Rows include BKF - Side Bacon (3), BKF - Side Fruit, BKF - Side Multi-Grain Toast & Butter, BKF - Side Sausage Links (3), BKF - Side Seasoned Fries 4 oz.

FAMILY MEALS

Table with columns: Item, Cal, Fat Cal, Fat, Sat, Tfat, Chol, Sod, Carb, Fib, Sug, Prot, Egg, Fish, Milk, Pnut, Shell, Soy, Tree, Wheat, MSG. Rows include NYC Sodium Icon Required, Range Required, Range: NYC Icon - Serves 4-6, Fried Chicken and Shrimp Box, Crispy Chicken Tenders Only (PB) with Honey Mustard, Crispy Chicken Tenders Only (HB) with Honey Mustard, Fried Shrimp Only (PB) with Cocktail Sauce, Fried Shrimp Only (HB) with Cocktail Sauce, Seasoned Fries, House Salad without Dressing, Caesar Salad.

Table with columns: Item, Cal, Fat Cal, Fat, Sat, Tfat, Chol, Sod, Carb, Fib, Sug, Prot, Egg, Fish, Milk, Pnut, Shell, Soy, Tree, Wheat, MSG. Rows include Range: Fried Chicken and Shrimp Box (PB), Range: Fried Chicken and Shrimp Box (HB), Pasta Plate, Cajun Shrimp & Chicken Pasta Only, Chicken Parmesan Pasta Only, Garlic Breadsticks Only FRIED, Garlic Breadsticks Only IMPINGER, House Salad without Dressing, Caesar Salad.

Table with columns: Item, Cal, Fat Cal, Fat, Sat, Tfat, Chol, Sod, Carb, Fib, Sug, Prot, Egg, Fish, Milk, Pnut, Shell, Soy, Tree, Wheat, MSG. Rows include Range: Pasta Box FRIED, Range: Pasta Box IMPINGER, Fridays Favorites Box, Cajun Shrimp & Chicken Pasta Only, Parmesan Crusted Chicken Only, Garlic Breadsticks FRIED, Garlic Breadsticks IMPINGER, House Salad without Dressing, Caesar Salad.

Table with columns: Item, Cal, Fat Cal, Fat, Sat, Tfat, Chol, Sod, Carb, Fib, Sug, Prot, Egg, Fish, Milk, Pnut, Shell, Soy, Tree, Wheat, MSG. Rows include Range: Fridays Favorites Box FRIED, Range: Fridays Favorites Box IMPINGER, Grilled Chicken & Ribz Platter, Apple Butter BBQ ribs Only without Side Sauce, Side Apple Butter BBQ Sauce 6 fl, Grilled Chicken Breast Only, Seasoned Fries, Sweet Potato Fries, Mashed Potatoes, Seasonal Vegetables - Asparagus, Seasonal Vegetables - Brussels Sprouts, Seasonal Vegetables - Green Beans, Seasonal Vegetables - Lemon Butter Broccoli, Seasonal Vegetables - Mixed Veggies, Cheddar Mac & Cheese, Colelaw, House Salad without Dressing, Caesar Salad.

Table with columns: Item, Cal, Fat Cal, Fat, Sat, Tfat, Chol, Sod, Carb, Fib, Sug, Prot, Egg, Fish, Milk, Pnut, Shell, Soy, Tree, Wheat, MSG. Rows include Range: Grilled Chicken & Ribz Box, Bucket of Bones Box, Whiskey Glazed Ribs Only without Side Sauce, Side Whiskey Glaze 6 fl, Apple Butter BBQ Chicken Wings Only without Side Sauce, Side Apple Butter BBQ Sauce 6 fl, Seasoned Fries, Sweet Potato Fries, Mashed Potatoes, Seasonal Vegetables - Asparagus, Seasonal Vegetables - Brussels Sprouts, Seasonal Vegetables - Green Beans, Seasonal Vegetables - Lemon Butter Broccoli, Seasonal Vegetables - Mixed Veggies, Cheddar Mac & Cheese, Colelaw, House Salad without Dressing, Caesar Salad.

Table with columns: Item, Cal, Fat Cal, Fat, Sat, Tfat, Chol, Sod, Carb, Fib, Sug, Prot, Egg, Fish, Milk, Pnut, Shell, Soy, Tree, Wheat, MSG. Rows include Range: Whiskey Glazed Ribz Box, Whiskey-Glazed Platter, Whiskey-Glazed Chicken Only without Side Sauce, Whiskey-Glazed Ribs Only without Side Sauce, Side Whiskey Glaze 6 fl, Seasoned Fries, Sweet Potato Fries, Mashed Potatoes, Seasonal Vegetables - Asparagus, Seasonal Vegetables - Brussels Sprouts, Seasonal Vegetables - Green Beans, Seasonal Vegetables - Lemon Butter Broccoli, Seasonal Vegetables - Mixed Veggies, Cheddar Mac & Cheese, Colelaw, House Salad without Dressing, Caesar Salad.

Table with columns: Item, Cal, Fat Cal, Fat, Sat, Tfat, Chol, Sod, Carb, Fib, Sug, Prot, Egg, Fish, Milk, Pnut, Shell, Soy, Tree, Wheat, MSG. Rows include Range: Whiskey-Glazed Ribz Box, Whiskey-Glazed Platter, Whiskey-Glazed Chicken Only without Side Sauce, Whiskey-Glazed Ribs Only without Side Sauce, Side Whiskey Glaze 6 fl, Seasoned Fries, Sweet Potato Fries, Mashed Potatoes, Seasonal Vegetables - Asparagus, Seasonal Vegetables - Brussels Sprouts, Seasonal Vegetables - Green Beans, Seasonal Vegetables - Lemon Butter Broccoli, Seasonal Vegetables - Mixed Veggies, Cheddar Mac & Cheese, Colelaw, House Salad without Dressing, Caesar Salad.

Table with columns: Item, Cal, Fat Cal, Fat, Sat, Tfat, Chol, Sod, Carb, Fib, Sug, Prot, Egg, Fish, Milk, Pnut, Shell, Soy, Tree, Wheat, MSG. Rows include Range: Whiskey-Glazed Ribz Box, Whiskey-Glazed Platter, Whiskey-Glazed Chicken Only without Side Sauce, Whiskey-Glazed Ribs Only without Side Sauce, Side Whiskey Glaze 6 fl, Seasoned Fries, Sweet Potato Fries, Mashed Potatoes, Seasonal Vegetables - Asparagus, Seasonal Vegetables - Brussels Sprouts, Seasonal Vegetables - Green Beans, Seasonal Vegetables - Lemon Butter Broccoli, Seasonal Vegetables - Mixed Veggies, Cheddar Mac & Cheese, Colelaw, House Salad without Dressing, Caesar Salad.

Table with columns: Item, Cal, Fat Cal, Fat, Sat, Tfat, Chol, Sod, Carb, Fib, Sug, Prot, Egg, Fish, Milk, Pnut, Shell, Soy, Tree, Wheat, MSG. Rows include Range: Whiskey-Glazed Ribz Box, Whiskey-Glazed Platter, Whiskey-Glazed Chicken Only without Side Sauce, Whiskey-Glazed Ribs Only without Side Sauce, Side Whiskey Glaze 6 fl, Seasoned Fries, Sweet Potato Fries, Mashed Potatoes, Seasonal Vegetables - Asparagus, Seasonal Vegetables - Brussels Sprouts, Seasonal Vegetables - Green Beans, Seasonal Vegetables - Lemon Butter Broccoli, Seasonal Vegetables - Mixed Veggies, Cheddar Mac & Cheese, Colelaw, House Salad without Dressing, Caesar Salad.

Table with columns: Item, Cal, Fat Cal, Fat, Sat, Tfat, Chol, Sod, Carb, Fib, Sug, Prot, Egg, Fish, Milk, Pnut, Shell, Soy, Tree, Wheat, MSG. Rows include Range: Whiskey-Glazed Ribz Box, Whiskey-Glazed Platter, Whiskey-Glazed Chicken Only without Side Sauce, Whiskey-Glazed Ribs Only without Side Sauce, Side Whiskey Glaze 6 fl, Seasoned Fries, Sweet Potato Fries, Mashed Potatoes, Seasonal Vegetables - Asparagus, Seasonal Vegetables - Brussels Sprouts, Seasonal Vegetables - Green Beans, Seasonal Vegetables - Lemon Butter Broccoli, Seasonal Vegetables - Mixed Veggies, Cheddar Mac & Cheese, Colelaw, House Salad without Dressing, Caesar Salad.

Table with columns: Item, Cal, Fat Cal, Fat, Sat, Tfat, Chol, Sod, Carb, Fib, Sug, Prot, Egg, Fish, Milk, Pnut, Shell, Soy, Tree, Wheat, MSG. Rows include SALAD DRESSINGS Serves 4-6, Balsamic Vinaigrette, BBQ Ranch, Blue Cheese, Caesar.



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Table with columns: Cal, Fat Cal, Fat, Sat, Tfat, Chol, Sod, Carb, Fib, Sug, Prot, Egg, Fish, Milk, Prnt, Shell, Soy, Tree, Wheat, MSG. Rows include Citrus Sesame, Honey Mustard, Low Fat Balsamic Vinaigrette, Ranch.

Table with columns: Cal, Fat Cal, Fat, Sat, Tfat, Chol, Sod, Carb, Fib, Sug, Prot, Egg, Fish, Milk, Prnt, Shell, Soy, Tree, Wheat, MSG. Rows include BEVERAGES HALF GALLON JUG Sizes 4-6, Freshly Brewed Iced Tea Unsweet, Freshly Brewed Iced Tea Sweet, Minute Made Lemonade, Strawberry Lemonade, Mango Peach Lemonade, Strawberry Passion Tea, Watermelon Tea, Arnold Palmer.

PLATTERS

*** Sodium Icon Required
Range Required
APPEZTER PLATTERS (SMALL serves 4-6; LARGE serves 8-12)

Table with columns: Cal, Fat Cal, Fat, Sat, Tfat, Chol, Sod, Carb, Fib, Sug, Prot, Egg, Fish, Milk, Prnt, Shell, Soy, Tree, Wheat, MSG. Rows include Wing Me Platter - LARGE Traditional Wings without Dressing & Celery, Traditional Wings Apple Butter BBQ (15 ea), Traditional Wings Carolina Reaper (15 ea), Traditional Wings Chile-Lime (15 ea), Traditional Wings Dragon-Glaze (15 ea), Traditional Wings Franks Red Hot Buffalo (15 ea), Traditional Wings Garlic Parmesan (15 ea), Traditional Wings Stout-Glaze (15 ea), Traditional Wings Whiskey-Glaze (15 ea), Celery (24 ea), Side Blue Cheese Dressing (8 fl oz), Side Ranch Dressing (8 fl oz).

RANGE - Wing Me Platter LARGE Traditional Wings Includes Dressing & Celery
4580-6490

Table with columns: Cal, Fat Cal, Fat, Sat, Tfat, Chol, Sod, Carb, Fib, Sug, Prot, Egg, Fish, Milk, Prnt, Shell, Soy, Tree, Wheat, MSG. Rows include Wing Me Platter - SMALL Traditional Wings without Dressing & Celery, Traditional Wings Apple Butter BBQ (6 ea), Traditional Wings Carolina Reaper (6 ea), Traditional Wings Chile-Lime (6 ea), Traditional Wings Dragon-Glaze (6 ea), Traditional Wings Franks Red Hot Buffalo (6 ea), Traditional Wings Garlic Parmesan (6 ea), Traditional Wings Stout-Glaze (6 ea), Traditional Wings Whiskey-Glaze (6 ea), Celery (12 ea), Side Blue Cheese Dressing (4 fl oz), Side Ranch Dressing (4 fl oz).

RANGE - Wing Me Platter SMALL Traditional Wings Includes Dressing & Celery
1970-3430

Table with columns: Cal, Fat Cal, Fat, Sat, Tfat, Chol, Sod, Carb, Fib, Sug, Prot, Egg, Fish, Milk, Prnt, Shell, Soy, Tree, Wheat, MSG. Rows include Wing Me Platter - LARGE Boneless Wings without Dressing & Celery, Boneless Wings Apple Butter BBQ (20 oz), Boneless Wings Carolina Reaper (20 oz), Boneless Wings Chile-Lime (20 oz), Boneless Wings Dragon-Glaze (20 oz), Boneless Wings Franks Red Hot Buffalo (20 oz), Boneless Wings Garlic Parmesan (20 oz), Boneless Wings Stout-Glaze (20 oz), Boneless Wings Whiskey-Glaze (20 oz), Celery (24 ea), Side Blue Cheese Dressing (8 fl oz), Side Ranch Dressing (8 fl oz).

RANGE - Wing Me Platter LARGE Boneless Includes Dressing & Celery
6300-8380

Table with columns: Cal, Fat Cal, Fat, Sat, Tfat, Chol, Sod, Carb, Fib, Sug, Prot, Egg, Fish, Milk, Prnt, Shell, Soy, Tree, Wheat, MSG. Rows include Wing Me Platter - SMALL Boneless Wings without Dressing & Celery, Boneless Wings Apple Butter BBQ (8 oz), Boneless Wings Carolina Reaper (8 oz), Boneless Wings Chile-Lime (8 oz), Boneless Wings Dragon-Glaze (8 oz), Boneless Wings Franks Red Hot Buffalo (8 oz), Boneless Wings Garlic Parmesan (8 oz), Boneless Wings Stout-Glaze (8 oz), Boneless Wings Whiskey-Glaze (8 oz), Celery (12 ea), Side Blue Cheese Dressing (4 fl oz), Side Ranch Dressing (4 fl oz).

RANGE - Wing Me Platter SMALL Boneless Includes Dressing & Celery
2640-4140

Table with columns: Cal, Fat Cal, Fat, Sat, Tfat, Chol, Sod, Carb, Fib, Sug, Prot, Egg, Fish, Milk, Prnt, Shell, Soy, Tree, Wheat, MSG. Rows include Wing Me Platter - LARGE Combination Wings without Dressing & Celery, Boneless Wings Apple Butter BBQ (20 oz), Boneless Wings Carolina Reaper (20 oz), Boneless Wings Chile-Lime (20 oz), Boneless Wings Dragon-Glaze (20 ea), Boneless Wings Franks Red Hot Buffalo (20 ea), Boneless Wings Garlic Parmesan (20 ea), Boneless Wings Stout-Glaze (20 ea), Boneless Wings Whiskey-Glaze (20 ea), Traditional Wings Apple Butter BBQ (15 ea), Traditional Wings Carolina Reaper (15 ea), Traditional Wings Chile-Lime (15 ea), Traditional Wings Dragon-Glaze (15 ea), Traditional Wings Franks Red Hot Buffalo (15 ea), Traditional Wings Garlic Parmesan (15 ea), Traditional Wings Stout-Glaze (15 ea), Traditional Wings Whiskey-Glaze (15 ea), Celery (24 ea), Side Blue Cheese Dressing (8 fl oz), Side Ranch Dressing (8 fl oz).

RANGE - Wing Me Platter LARGE Combo Includes Dressing & Celery
5480-8160

Table with columns: Cal, Fat Cal, Fat, Sat, Tfat, Chol, Sod, Carb, Fib, Sug, Prot, Egg, Fish, Milk, Prnt, Shell, Soy, Tree, Wheat, MSG. Rows include Wing Me Platter - SMALL Combination Wings without Dressing & Celery, Boneless Wings Apple Butter BBQ (8 oz), Boneless Wings Carolina Reaper (8 oz), Boneless Wings Chile-Lime (8 oz), Boneless Wings Dragon-Glaze (8 ea), Boneless Wings Franks Red Hot Buffalo (8 ea), Boneless Wings Garlic Parmesan (8 ea), Boneless Wings Stout-Glaze (8 ea), Boneless Wings Whiskey-Glaze (8 ea), Traditional Wings Apple Butter BBQ (6 ea), Traditional Wings Carolina Reaper (6 ea), Traditional Wings Chile-Lime (6 ea), Traditional Wings Dragon-Glaze (6 ea), Traditional Wings Franks Red Hot Buffalo (6 ea), Traditional Wings Garlic Parmesan (6 ea), Traditional Wings Stout-Glaze (6 ea), Traditional Wings Whiskey-Glaze (6 ea), Celery (12 ea), Side Blue Cheese Dressing (4 fl oz), Side Ranch Dressing (4 fl oz).

RANGE - Wing Me Platter SMALL Includes Dressing & Celery
2380-3560

Table with columns: Cal, Fat Cal, Fat, Sat, Tfat, Chol, Sod, Carb, Fib, Sug, Prot, Egg, Fish, Milk, Prnt, Shell, Soy, Tree, Wheat, MSG. Rows include Fridays Big Ribz Platter LARGE Whiskey-Glaze & Apple Butter BBQ Ribz with Side Sauce, Fridays Big Ribz Platter SMALL Whiskey-Glaze & Apple Butter BBQ Ribz with Side Sauce, The Bones Wings & Ribz Platter LARGE without Dressing, Apple Butter BBQ Ribz, Whiskey-Glaze Ribz, Traditional Wings Apple Butter BBQ (15 ea), Traditional Wings Carolina Reaper (15 ea), Traditional Wings Chile-Lime (15 ea), Traditional Wings Dragon-Glaze (15 ea).



Master Nutrition & Allergen Information

	Cal	Fat	Cal	Fat	Sat	Tfat	Chol	Sod	Carb	Fib	Sug	Prot	Egg	Fish	Milk	Prnt	Shell	Soy	Tree	Wheat	MSG	
Traditional Wings Franks Red Hot Buffalo (15 ea)	930	740	82	19	0	235	3980	0	0	0	50	X	X	X	X	X	X	X	X	X	X	
Traditional Wings Garlic Parmesan (15 ea)	1410	1170	130	27	0.5	245	1800	12	0	2	53	X	X	X	X	X	X	X	X	X	X	
Traditional Wings Stout-Glaze (15 ea)	1240	740	83	19	0	235	1800	12	0	2	53	X	X	X	X	X	X	X	X	X	X	
Traditional Wings Whiskey-Glaze (15 ea)	1240	740	82	19	0	235	1400	84	0	81	50	X	X	X	X	X	X	X	X	X	X	
Boneless Wings Apple Butter BBQ (20 oz)	1610	690	76	13	0	110	4430	155	12	63	72	X	X	X	X	X	X	X	X	X	X	
Boneless Wings Carolina Reaper (20 oz)	1480	700	78	13	0	110	7290	117	11	28	70	X	X	X	X	X	X	X	X	X	X	
Boneless Wings Chile-Lime (20 oz)	1540	790	88	14	0	110	5890	111	11	24	72	X	X	X	X	X	X	X	X	X	X	
Boneless Wings Dragon-Glaze (20 oz)	1640	710	78	13	0	110	5470	153	12	61	76	X	X	X	X	X	X	X	X	X	X	
Boneless Wings Franks Red Hot Buffalo (20 oz)	1380	680	76	13	0	110	8610	97	11	16	70	X	X	X	X	X	X	X	X	X	X	
Boneless Wings Garlic Parmesan (20 oz)	2020	1250	139	24	1	115	5710	114	11	18	74	X	X	X	X	X	X	X	X	X	X	
Boneless Wings Stout-Glaze (20 oz)	1790	690	76	13	0	110	4440	202	11	114	70	X	X	X	X	X	X	X	X	X	X	
Boneless Wings Whiskey-Glaze (20 oz)	1820	680	76	13	0	110	5170	209	11	124	70	X	X	X	X	X	X	X	X	X	X	
Side Ranch Dressing (8 fl oz)	860	800	89	15	0	70	1940	9	0	5	4	X	X	X	X	X	X	X	X	X	X	
RANGE: The Bones Platter Wings & Ribs LARGE	2090-4310																					
RANGE: The Bones Platter Wings & Ribs LARGE (Boneless Wings ONLY) SV	4950-6810																					
The Bones Platter Wings & Ribs SMALL without Dressing & Celery	390	250	28	10	0	80	720	16	1	12	21											
Apple Butter BBQ Ribs Only	390	250	28	10	0	80	720	16	1	12	21											
Whiskey-Glaze BBQ Ribs Only	570	270	30	10	0	80	1340	58	1	54	20											
Traditional Wings Apple Butter BBQ (6 ea)	490	300	33	7	0	95	410	29	0	24	21	X	X	X	X	X	X	X	X	X	X	
Traditional Wings Carolina Reaper (6 ea)	420	300	34	7	0	95	1840	10	0	6	20	X	X	X	X	X	X	X	X	X	X	
Traditional Wings Chile-Lime (6 ea)	450	350	39	8	0	95	1140	7	0	4	21	X	X	X	X	X	X	X	X	X	X	
Traditional Wings Dragon-Glaze (6 ea)	500	310	34	7	0	95	930	28	1	22	23	X	X	X	X	X	X	X	X	X	X	
Traditional Wings Franks Red Hot Buffalo (6 ea)	370	300	33	7	0	95	2680	0	0	0	20	X	X	X	X	X	X	X	X	X	X	
Traditional Wings Garlic Parmesan (6 ea)	690	560	65	13	0	100	1050	8	0	1	22	X	X	X	X	X	X	X	X	X	X	
Traditional Wings Stout-Glaze (6 ea)	580	300	33	7	0	95	420	53	0	49	20	X	X	X	X	X	X	X	X	X	X	
Traditional Wings Whiskey-Glaze (6 ea)	590	300	33	7	0	95	780	56	0	54	20	X	X	X	X	X	X	X	X	X	X	
Boneless Wings Apple Butter BBQ (8 oz)	670	280	31	5	0	45	1810	68	5	30	29	X	X	X	X	X	X	X	X	X	X	
Boneless Wings Carolina Reaper (8 oz)	600	280	31	5	0	45	3240	49	4	12	28	X	X	X	X	X	X	X	X	X	X	
Boneless Wings Chile-Lime (8 oz)	630	330	36	6	0	45	2540	46	4	10	29	X	X	X	X	X	X	X	X	X	X	
Boneless Wings Dragon-Glaze (8 oz)	680	280	31	5	0	45	2330	67	5	29	31	X	X	X	X	X	X	X	X	X	X	
Boneless Wings Franks Red Hot Buffalo (8 oz)	550	270	30	5	0	45	3900	39	4	6	28	X	X	X	X	X	X	X	X	X	X	
Boneless Wings Garlic Parmesan (8 oz)	870	560	62	11	0	45	2450	47	5	8	30	X	X	X	X	X	X	X	X	X	X	
Boneless Wings Stout-Glaze (8 oz)	760	280	31	5	0	45	1810	91	4	55	28	X	X	X	X	X	X	X	X	X	X	
Boneless Wings Whiskey-Glaze (8 oz)	770	270	30	5	0	45	2180	95	4	60	28	X	X	X	X	X	X	X	X	X	X	
Side Ranch Dressing (4 fl oz)	430	400	44	7	0	35	970	5	0	2	2	X	X	X	X	X	X	X	X	X	X	
RANGE: The Bones Platter Wings & Ribs SMALL	2310-2590																					
RANGE: The Bones Platter Wings & Ribs SMALL (Boneless Wings ONLY) SV	2490-3130																					
Fridays Classic App Platter LARGE without Dressing	1460	620	68	22	0	95	1950	177	30	5	36	X	X	X	X	X	X	X	X	X	X	
Large Fridays Combo Loaded Potato Skins ONLY	1460	620	68	22	0	95	1950	177	30	5	36	X	X	X	X	X	X	X	X	X	X	
Large Fridays Combo Mozzarella Sticks ONLY	1330	730	82	38	2.5	125	1960	85	13	0	64	X	X	X	X	X	X	X	X	X	X	
Large Fridays Combo Pot Stickers ONLY	1170	450	50	17	0	30	4300	144	4	44	37	X	X	X	X	X	X	X	X	X	X	
Traditional Wings Apple Butter BBQ (15 ea)	1100	740	83	19	0	235	850	43	1	35	51	X	X	X	X	X	X	X	X	X	X	
Traditional Wings Carolina Reaper (15 ea)	1000	750	84	19	0	235	2980	15	0	9	50	X	X	X	X	X	X	X	X	X	X	
Traditional Wings Chile-Lime (15 ea)	1050	820	91	19	0	235	1940	11	0	6	52	X	X	X	X	X	X	X	X	X	X	
Traditional Wings Dragon-Glaze (15 ea)	1130	760	84	19	0	235	1620	42	1	33	54	X	X	X	X	X	X	X	X	X	X	
Traditional Wings Franks Red Hot Buffalo (15 ea)	930	740	82	19	0	235	3980	0	0	0	50	X	X	X	X	X	X	X	X	X	X	
Traditional Wings Garlic Parmesan (15 ea)	1410	1170	130	27	0.5	245	1800	12	0	2	53	X	X	X	X	X	X	X	X	X	X	
Traditional Wings Stout-Glaze (15 ea)	1240	740	83	19	0	235	850	79	0	73	50	X	X	X	X	X	X	X	X	X	X	
Traditional Wings Whiskey-Glaze (15 ea)	1260	740	82	19	0	235	1400	84	0	81	50	X	X	X	X	X	X	X	X	X	X	
Boneless Wings Apple Butter BBQ (20 oz)	1610	690	76	13	0	110	4430	155	12	63	72	X	X	X	X	X	X	X	X	X	X	
Boneless Wings Carolina Reaper (20 oz)	1480	700	78	13	0	110	7290	117	11	28	70	X	X	X	X	X	X	X	X	X	X	
Boneless Wings Chile-Lime (20 oz)	1540	790	88	14	0	110	5890	111	11	24	72	X	X	X	X	X	X	X	X	X	X	
Boneless Wings Dragon-Glaze (20 oz)	1640	710	78	13	0	110	5470	153	12	61	76	X	X	X	X	X	X	X	X	X	X	
Boneless Wings Franks Red Hot Buffalo (20 oz)	1380	680	76	13	0	110	8610	97	11	16	70	X	X	X	X	X	X	X	X	X	X	
Boneless Wings Garlic Parmesan (20 oz)	2020	1250	139	24	1	115	5710	114	11	18	74	X	X	X	X	X	X	X	X	X	X	
Boneless Wings Stout-Glaze (20 oz)	1790	690	76	13	0	110	4440	202	11	114	70	X	X	X	X	X	X	X	X	X	X	
Boneless Wings Whiskey-Glaze (20 oz)	1820	680	76	13	0	110	5170	209	11	124	70	X	X	X	X	X	X	X	X	X	X	
Side Ranch Dressing (8 fl oz)	860	800	89	15	0	70	1940	9	0	5	4	X	X	X	X	X	X	X	X	X	X	
RANGE: Fridays Combo Platter LARGE	3700-6840																					
RANGE: Fridays Combo Platter (Boneless Wings Only) LARGE SV	6200-6840																					
Fridays Classic App Platter SMALL without Dressing	990	250	28	9	0	40	650	71	12	2	15	X	X	X	X	X	X	X	X	X	X	
Small Fridays Combo Loaded Potato Skins ONLY	990	250	28	9	0	40	650	71	12	2	15	X	X	X	X	X	X	X	X	X	X	
Small Fridays Combo Mozzarella Sticks ONLY	400	220	25	12	0.5	40	600	26	4	0	20	X	X	X	X	X	X	X	X	X	X	
Small Fridays Combo Pot Stickers ONLY	290	110	13	4.5	0	10	1080	36	1	11	9	X	X	X	X	X	X	X	X	X	X	
Traditional Wings Apple Butter BBQ (6 ea)	490	300	33	7	0	95	410	29	0	24	21	X	X	X	X	X	X	X	X	X	X	
Traditional Wings Carolina Reaper (6 ea)	420	300	34	7	0	95	1840	10	0	6	20	X	X	X	X	X	X	X	X	X	X	
Traditional Wings Chile-Lime (6 ea)	450	350	39	8	0	95	1140	7	0	4	21	X	X	X	X	X	X	X	X	X	X	
Traditional Wings Dragon-Glaze (6 ea)	500	310	34	7	0	95	930	28	1	22	23	X	X	X	X	X	X	X	X	X	X	
Traditional Wings Franks Red Hot Buffalo (6 ea)	370	300	33	7	0	95	2500	0	0	0	20	X	X	X	X	X	X	X	X	X	X	
Traditional Wings Garlic Parmesan (6 ea)	690	580	65	1																		